

## Swim & Run Cologne, 04. Juni 2017

### Langdistanz - Männer / Frauen Wertung

Männer										
Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen		W1	Laufen	Gesamt
1	14	Sebastian Hoppe	SSF Bonn	TM30	1	55:30	(1)	1:31	1:24:32 (1)	2:21:33
2	85	Michael Rundio	Mach 3 e.V.	TM30	2	57:02	(3)	1:45	1:31:53 (8)	2:30:41
3	12	Thorsten Brinkmann		TM40	1	56:57	(2)	1:45	1:33:24 (11)	2:32:07
4	4	Christoph Steven	ASV Köln	TM30	3	1:03:21	(8)	2:13	1:27:11 (2)	2:32:45
5	8	Yong Zhao	Sportshop-Triathlon	TM40	2	1:00:40	(4)	1:36	1:33:21 (10)	2:35:38
6	79	Markus Schmelzeisen		TM40	3	1:03:32	(9)	1:52	1:30:44 (5)	2:36:08
7	5	Guillaure Bertoccini		TM30	4	1:03:35	(11)	1:45	1:31:25 (7)	2:36:46
8	9	Oli Heltewig	SV Wuppertal-Neuenhof 1930 e.V.	TM40	4	1:00:52	(5)	1:49	1:35:19 (15)	2:38:01
9	99	Niklas von Hondt		TM20	1	1:05:08	(13)	2:59	1:30:49 (6)	2:38:57
10	15	Sven Eggers		TM40	5	1:09:21	(19)	2:15	1:27:48 (3)	2:39:25
11	17	Gunter Stecher	VfL Kirchheim Wasserball	TM50	1	1:01:52	(6)	2:13	1:39:21 (22)	2:43:28
12	24	michael wickenhäuser	TSV Baden Triathlon	TM30	5	1:08:12	(18)	1:24	1:33:56 (12)	2:43:33
13	29	Tobias Norkowski	Tri-As	TM40	6	1:07:56	(16)	1:45	1:34:54 (14)	2:44:37
14	11	Giovanni Carnevale	Tri-As Hamm	TM30	6	1:08:03	(17)	1:29	1:36:01 (16)	2:45:34
15	86	Peter Bredol	Mach 3 e.V.	TM30	7	1:03:34	(10)	1:38	1:40:56 (25)	2:46:09
16	20	Alexander Schovenberg	Team Erdinger Alkoholfrei	TM30	8	1:14:43	(25)	2:16	1:29:34 (4)	2:46:34
17	80	Frank Johnen	PTSV Aachen	TM40	7	1:15:31	(29)	1:49	1:32:02 (9)	2:49:23
18	87	Tobias Weigl	SSF Bonn	TM20	2	1:14:58	(27)	2:06	1:36:36 (18)	2:53:41
19	88	Michael Helmet	DJK Marienstadt	TM50	2	1:12:05	(20)	2:45	1:41:35 (27)	2:56:27
20	38	Patrick Benning		TM40	8	1:02:28	(7)	4:12	1:51:02 (40)	2:57:43
21	46	Romano Fregapane	Team Freizeitschwimmer	TM50	3	1:12:25	(21)	2:43	1:42:41 (28)	2:57:50
22	72	Peter Bützer	Freie Schwimmer Düsseldorf	TM30	9	1:18:25	(35)	2:18	1:37:49 (20)	2:58:33
23	22	Tilman Vogel	TV Aldekerk	TM50	4	1:17:43	(32)	3:03	1:38:59 (21)	2:59:46
24	7	Sebastian Hiebing	Team Erdinger Alkoholfrei	TM30	10	1:26:07	(46)	1:22	1:34:38 (13)	3:02:08
25	68	Paul Stoppelkamp	SC Bayer 05 Uerdingen	TM60	1	1:14:39	(24)	2:03	1:45:34 (32)	3:02:17
26	49	Daniel Möller		TM30	11	1:25:04	(43)	2:16	1:37:25 (19)	3:04:45
27	74	Benno Bergsma	Country Swimming Club	TM50	5	1:17:39	(31)	4:37	1:42:44 (29)	3:05:00
28	50	Patrick Beumer	DSHS Köln	TM20	3	1:03:39	(12)	3:52	1:57:34 (46)	3:05:06
29	21	Stefan Sammito	Team Erdinger-Alkoholfrei	TM30	12	1:18:04	(33)	1:42	1:45:23 (31)	3:05:09
30	45	Thorsten Bludau	Triathlon Mülheim	TM40	9	1:14:52	(26)	2:42	1:48:29 (37)	3:06:04
31	89	Klemens Molderings	TV-Aldkerk	TM40	10	1:07:08	(14)	2:37	1:56:33 (45)	3:06:19
32	83	Sergey Gimertov	ASV Köln Triathlon	TM50	6	1:17:34	(30)	2:37	1:46:36 (35)	3:06:48
33	27	Dirk Terhorst	LG Emsdetten Tri Team	TM40	11	1:14:03	(23)	3:36	1:49:28 (39)	3:07:09
34	42	Timo Mahmens		TM30	13	1:24:58	(42)	2:25	1:40:10 (23)	3:07:33
35	53	Peter Kratz	TV Aldekerk	TM50	7	1:18:55	(36)	2:37	1:47:22 (36)	3:08:54
36	34	André Hensel	SC Oberursel	TM40	12	1:24:47	(41)	3:33	1:40:46 (24)	3:09:08
37	37	Boudewijn Leunissen	Triathlon Club Maastricht	TM40	13	1:18:23	(34)	3:06	1:48:33 (38)	3:10:02
38	44	Sascha Franczak	Sanitätshaus C. Beuthel	TM40	14	1:15:04	(28)	2:08	1:53:41 (43)	3:10:54

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#### Männer

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	W1	Laufen	Gesamt
39	26	Michael Schäffler	TRT Remchingen	TM40	15	1:33:20 (52)	2:16	1:36:20 (17)	3:11:57
40	58	Stefan Lankes	SV Schermbeck 1912 e. V.	TM50	8	1:21:59 (39)	3:57	1:46:36 (34)	3:12:34
41	55	Frank Casimir	AS Neukirchen-Vluyn	TM50	9	1:19:19 (38)	2:00	1:51:35 (42)	3:12:56
42	32	Arne Belenguer	Tri Club Wuppertal	TM50	10	1:07:10 (15)	1:43	2:07:20 (50)	3:16:14
43	36	Daniel Schneider	Triathlon Team Rhein-Nahe	TM50	11	1:34:04 (54)	3:27	1:41:10 (26)	3:18:42
44	81	Markus Zindler		TM50	12	1:31:23 (49)	3:54	1:44:29 (30)	3:19:47
45	82	Maz Friedrich	Tri Cologne	TM40	16	1:25:50 (44)	3:55	1:51:10 (41)	3:20:55
46	51	Udo Siebrecht		TM40	17	1:23:57 (40)	3:03	1:54:35 (44)	3:21:36
47	57	Bert Kirchner	TriCity Darmstadt	TM40	18	1:33:46 (53)	2:08	1:46:18 (33)	3:22:13
48	43	Uwe Sedey	Tri-team Selm	TM50	13	1:12:56 (22)	4:15	2:08:56 (52)	3:26:08
49	54	Joachim Gierke	SRL Triathlon Koblenz	TM40	19	1:26:45 (47)	5:17	1:59:53 (48)	3:31:56
50	100	Robert Monser		TM60	2	1:30:23 (48)	5:46	2:00:22 (49)	3:36:33
51	73	Frank Koch	Isi Fitness	TM50	14	1:35:32 (55)	3:54	1:57:43 (47)	3:37:10
52	25	Patrick Folkersma	CQ Marathon Team Cologne	TM40	20	1:26:05 (45)	2:53	2:09:39 (55)	3:38:38
53	90	Ralf Sturm	Triathlon Cologne	TM50	15	1:31:27 (50)	5:43	2:09:19 (54)	3:46:29
54	64	Norbert Wopp	DLRG Tri-Team-Wetzlar	TM50	16	1:39:33 (57)	2:55	2:09:16 (53)	3:51:45
55	59	Thomas Böhlend	Team Erdinger Alkoholfrei	TM50	17	1:31:32 (51)	3:21	2:18:47 (57)	3:53:40
56	69	Michael Buntins	TUS Ahrweiler	TM60	3	1:39:25 (56)	5:29	2:10:09 (56)	3:55:05
57	75	Matt Foure		TM30	14	1:18:58 (37)	4:34	2:39:40 (58)	4:03:13
58	65	Heinz Lessmann	VELO SOLINGEN	TM50	18	1:54:25 (59)	5:08	2:08:27 (51)	4:08:01
59	78	Eduardo Nelli		TM70	1	1:47:51 (58)	9:13	2:43:35 (59)	4:40:41

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#### Frauen

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	W1	Laufen	Gesamt
1	84	Dunja Voos	Cogito Hypergy	TW50	1	55:35 (1)	2:19	1:42:53 (5)	2:40:48
2	16	Steffi Jansen	PTSV Aachen	TW30	1	1:13:26 (7)	1:38	1:27:21 (1)	2:42:26
3	30	Rita Steger	SB Delphin Augsburg	TW30	2	1:02:12 (2)	1:36	1:40:34 (4)	2:44:23
4	31	Tina Lucas	EOSC	TW30	3	1:03:36 (4)	1:53	1:39:22 (3)	2:44:52
5	35	Melanie Ragot	Freie Schwimmer Düsseldorf	TW40	1	1:02:22 (3)	1:56	1:45:27 (6)	2:49:46
6	1	Anne Graw		TW40	2	1:09:45 (6)	2:30	1:39:21 (2)	2:51:38
7	41	Marina Füssel	SV Fun-Ball Dortelweil	TW20	1	1:18:00 (10)	1:46	1:51:20 (8)	3:11:07
8	40	Nicole Böwe	TV Obermaubach	TW30	4	1:07:15 (5)	2:21	2:05:39 (12)	3:15:15
9	6	Petra Stokvis-Rudolph		TW40	3	1:16:31 (9)	2:45	2:01:20 (10)	3:20:37
10	60	Pilar Muzquiz	TRC Essen 84	TW40	4	1:14:43 (8)	3:05	2:03:25 (11)	3:21:14
11	67	Kristiane Prescha	TriCologne	TW50	2	1:40:17 (13)	3:45	1:49:06 (7)	3:33:09
12	56	Vera Lürken-Scholl	Triathlon Team Indeland	TW50	3	1:25:16 (11)	3:07	2:05:40 (13)	3:34:04
13	39	Agnieszka Bronikowska	PSV Brühl Triathlon Team	TW30	5	1:25:56 (12)	2:52	2:09:35 (14)	3:38:23
14	63	Andrea Wopp	DLRG Tri-Team-Wetzlar	TW50	4	1:49:48 (14)	2:36	2:00:08 (9)	3:52:33